

Integrative Medicine Lecture Series

Interprofessional Discussion



Hypertension - or high blood pressure - is a common condition in which the force of the blood against artery walls is high enough that it may eventually cause health problems, such as heart disease - the leading cause of death for both men and women. Hypertension and heart disease are largely preventable and sometimes even reversible through an integrative health approach.

Please join us to listen to four experts representing allopathic, naturopathic, chiropractic and traditional chinese medicine discuss their treatment approaches to hypertension, especially as it relates to lifestyle medicine.

Hypertension

Tuesday, November 16, 2010, 12–1 pm
University of Western States, Hampton Hall
2900 NE 132nd Ave, Portland, OR 97230

All OCIM lectures are free and open to the community. There is no need to RSVP. Complimentary healthy snacks are provided to early birds.



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OCIM is a collaboration among
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Upcoming lectures:

Jan. 11, 2011: OBESITY
at Oregon College of Oriental Medicine

Save the Date! April 14, 2011

**9th Annual OCIM Integrative
Medicine Distinguished Lectureship**