

# Integrative Medicine Lecture Series

## *Interprofessional Discussion*



Obesity is defined as having an excessive amount of body fat that increases the risk of several diseases and health problems (Mayo Clinic) and is a major contributor to some of the leading causes of preventable death in the US (CDC). Obesity is most often largely preventable and reversible through an integrative approach to health and lifestyle.

Please join us to listen to four experts representing allopathic, naturopathic, chiropractic and traditional chinese medicine discuss their treatment approaches to obesity, especially as it relates to lifestyle medicine.

# Obesity

Tuesday, January 11, 2011, 1–2 pm  
Oregon College of Oriental Medicine

Clinic Building, Room B, 10525 SE Cherry Blossom Drive, Portland, OR 97216

All OCIM lectures are free and open to the community. There is no need to RSVP. Complimentary healthy snacks are provided to early birds.



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OCIM is a collaboration among  
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*Save the Date! April 14, 2011*

9th Annual OCIM Integrative  
Medicine Distinguished Lectureship

More information at [www.o-cim.org](http://www.o-cim.org)