AGENDA

8:00 Registration
8:30 Opening Session
  • Welcome & Introductions - Samantha Simmons, MPH, OCIM
  • The State of the Science - Heather Zwickey, PhD, Helfgott Research Institute

9:00 Oral Abstracts Session I
  • Faculty Development Through Interprofessional Exposure: A Qualitative Evaluation of an Interdisciplinary Shadowing Program - Angela Senders, ND, MCR
  • Meals, Mindfulness, & Moving Forward (M3): A Multi-Modal Approach to Addressing Cardiovascular Risk and Building Resilience in Youths Suffering From Psychosis - Andie Thompson, BA
  • Mindful Pain Management - James W. Carson, PhD
  • Sulforaphane Bioavailability and Chemopreventive Activity in Women Scheduled for Breast Biopsy - Zhenzhen Zhang, PhD, MPH
  • Effects of Acupuncture on Neuropathic Pain: A Systematic Review and Meta-analysis - Alexandra Dimitrova, MD, MA

10:30 Break & Poster Session

11:00 Oral Abstracts Session II
  • Acupuncture and Chiropractic Care at a Health Maintenance Organization: Patterns of Utilization and Electronic Medical Record Capture - Charles Elder MD MPH
  • Impact of Whole Systems Traditional Chinese Medicine on Fresh, In Vitro Fertilization Outcomes - Lee Hullender Rubin, DAOM, LAc
  • LC MS/MS Lipidomics and Metabolomics Investigation of the Biological Effects of Centella Asiatica Phytochemicals on the Aging Brain - Parnian Lak
  • Open-Access Online Resource on the Evidence Base for Chiropractic Care - Cheryl Hawk, DC, PhD
  • Effects of a Very Low-fat, Plant-food-based Diet on Fatigue in Multiple Sclerosis: Report of a Pilot Trial - Vijaysree Yadav, MD, MCR

12:30 Lunch & Poster Session

1:30 Edward J Keenan Distinguished Lecturer
  • Honoring Edward J. Keenan – Joseph Brimhall, DC, Chair OCIM Board of Directors, Shelley Keenan, Vicki Fields of TFME
  • Brain Immune Interactions: The Science of the Mind-Body Connection - Esther M. Sternberg, MD

3:00 Break & Poster Session

3:30 Panel Discussion: Mind/Body Health Applied in Oregon
  • Mindfulness in Medical Education – Joseph Coletto, ND, LAc, OCOM
  • Mind Body Research in Clinical Neuroscience – Barry Oken, MD, OHSU
  • To Pause & Protect: Mindfulness Training in Law Enforcement – Matthew Hunsinger, PhD, MS, Pacific University, Lt Richard Goerling, Hillsboro Police Dept.

4:45 Closing Remarks
5:00 Adjournment