



# OCIM

Oregon Collaborative for  
Integrative Medicine

## OCIM/SPARC Conference 2015

[www.o-cim.org](http://www.o-cim.org)

### AGENDA

8:00 Registration

8:30 Opening Session

- *Welcome & Introductions* -Samantha Simmons, MPH, OCIM
- *The State of the Science* -Heather Zwickey, PhD, Helfgott Research Institute

9:00 Oral Abstracts Session I

- *Faculty Development Through Interprofessional Exposure: A Qualitative Evaluation of an Interdisciplinary Shadowing Program* -Angela Senders, ND, MCR
- *Meals, Mindfulness, & Moving Forward (M3): A Multi-Modal Approach to Addressing Cardiovascular Risk and Building Resilience in Youths Suffering From Psychosis* -Andie Thompson, BA
- *Mindful Pain Management* -James W. Carson, PhD
- *Sulforaphane Bioavailability and Chemopreventive Activity in Women Scheduled for Breast Biopsy* -Zhenzhen Zhang, PhD, MPH
- *Effects of Acupuncture on Neuropathic Pain: A Systematic Review and Meta-analysis* -Alexandra Dimitrova, MD, MA

10:30 Break & Poster Session

11:00 Oral Abstracts Session II

- *Acupuncture and Chiropractic Care at a Health Maintenance Organization: Patterns of Utilization and Electronic Medical Record Capture* -Charles Elder MD MPH
- *Impact of Whole Systems Traditional Chinese Medicine on Fresh, In Vitro Fertilization Outcomes* -Lee Hullender Rubin, DAOM, LAc
- *LC MS/MS Lipidomics and Metabolomics Investigation of the Biological Effects of Centella Asiatica Phytochemicals on the Aging Brain* -Parnian Lak
- *Open-Access Online Resource on the Evidence Base for Chiropractic Care* -Cheryl Hawk, DC, PhD
- *Effects of a Very Low-fat, Plant-food-based Diet on Fatigue in Multiple Sclerosis: Report of a Pilot Trial* -Vijayshree Yadav, MD, MCR

12:30 Lunch & Poster Session

1:30 Edward J Keenan Distinguished Lecturer

- *Honoring Edward J. Keenan* - Joseph Brimhall, DC, Chair OCIM Board of Directors, Shelley Keenan, Vicki Fields of TFME
- *Brain Immune Interactions: The Science of the Mind-Body Connection* -Esther M. Sternberg, MD

3:00 Break & Poster Session

3:30 Panel Discussion: Mind/Body Health Applied in Oregon

- *Mindfulness in Medical Education* -Joseph Coletto, ND, LAc, OCOM
- *Mind Body Research in Clinical Neuroscience* -Barry Oken, MD, OHSU
- *To Pause & Protect: Mindfulness Training in Law Enforcement* -Matthew Hunsinger, PhD, MS, Pacific University, Lt Richard Goerling, Hillsboro Police Dept.

4:45 Closing Remarks

5:00 Adjournment

June 12, 2015

8:30 AM to 5:00 PM

DoubleTree by Hilton Portland

1000 NE Multnomah St, Portland, OR

## Keynote Speaker:

### Brain Immune Interactions: The Science of the Mind-Body Connection



## Esther M. Sternberg, MD

*Professor, Research Director, Arizona Center for Integrative Medicine, University of Arizona*

Dr. Sternberg will examine the latest research in the relationship of the mind and body. She will demonstrate how understanding these concepts allows healthcare providers to judge how and when to judiciously apply complementary and alternative treatments in conjunction with classical therapeutic approaches to maintain health.

## What is OCIM/SPARC 2015?

This conference highlights current integrative medicine and health research, education and clinical models of care and promotes interprofessional scientific collaboration. It represents a partnership between the integrative medicine educational and health care community across the state of Oregon.

## Who should attend?

Medical, naturopathic, osteopathic and chiropractic doctors, acupuncturists, nurses, allied health professionals, researchers, administrators, students, policymakers & the public are invited to attend.

## Registration Rates

\$125 Health Care Professional receiving CE

\$50 Basic Registration

FREE - Current Students (w/ Student ID)

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